

FLUORIDE APPLICATION AFTER SCALING

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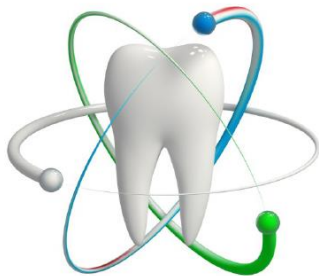
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MAKLUMAT PESAKIT: MEMBUAT KEPUTUSAN BIJAK

*Please do not commit to a treatment if you do not understand
INTRODUCTION

What is Fluoride ?

Fluoride is a **natural mineral** found throughout the earth's crust and widely distributed in nature. Some foods and water supplies contain fluoride.



1. How Does Fluoride Work?

Fluoride helps prevent cavities in 3 different ways:
Fluoride concentrates harden the **enamel** on baby and adult teeth

Fluoride works during the demineralization and **demineralization** processes that naturally occur in your mouth.

Topical fluoride after scaling helps to **strengthen the teeth** since the acids from bacteria in dental tartar and plaque will have weakened the surfaces.



+ FLORIDA =



2. Where to get Fluoride?

Professional fluoride application is now available in **U Dental Center**. Fluoride foam or gel is then placed into small, flexible foam trays and placed over the teeth for 30 seconds. Afterwards the patient is directed to spit as much out as possible into a saliva ejector. It is best not to eat, drink or rinse for **30 minutes** after the fluoride has been applied.



□ **ASK YOUR ATENDING DENTIST NOW!**



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