



Post-Operative Care after Extraction/Wisdom Tooth Removal/Oral Surgery/Implant Surgery

PUSAT PERGIGIAN U 优牙科中心 U DENTAL CENTER

Taman U 大学城: 26, Jalan Kebudayaan 1, Taman Universiti, 81300 SKUDAI. Tel:607-521 1111,
SMS: 6012-8800100 HP:6 014-888 9000

U Dental Specialist Clinic 优牙科专科诊所Klinik Pakar Pergigian U

Bukit Indah 武吉英达: 65, Jalan Indah 16/12, Taman Bukit Indah, 81200 Johor Bahru, Johor.

Tel: 607-234 2000, SMS: 6014-508 0000 HP: 6019-500 6 900

Tel: 07-232 4444, SMS: 6014-9 900 900 HP: 6014-888 2000

www.gigi.my info@gigi.my



- Bite gauze at wound (socket area) and change for every 15 minutes. Please do not throw the used gauze all over the place.
- Beware (especially children); do not bite accidentally on tongue, lip and cheek where still numb. The numbness may subside within 2 -3 hours, or up to 5 hours, depending on injection amount & technique used as well as the condition of the wound.
- After surgery, do not rinse; don't disturb the blood clot formation by tongue or finger. Within 4 hours after surgery, applying an ice bag to the face over the operated area able to minimize the swelling.
- Should you want to sleep after extraction/ operation, make sure the bleeding is completely stop and take pain killer (if any, given by the doctor)
- Patient can eat as usual after bleeding stop. Avoid hot food or drink. Do not smoke or consume alcohol. This may delay wound healing and cause more infection.
- Avoid strenuous activities for the rest of day. If you feel sick, please request medical leave (MC) from doctor.
- Bleeding after extraction normally not serious. If you suffer from prolonged bleeding (over 2 hours), please contact clinic as soon as possible.
- Pain after extraction normally won't be serious. Take painkiller prescribed if needed, for every 4 to 6 hours. If the condition becomes worse, please contact doctor as soon as possible.
- Some degree of swelling may last for a few days. It can help by rinsing salt water (left 20 seconds at wound area and spit out, instead of gargling). Swelling may result in limited mouth opening. In case there was pain or swelling prior to extraction, it may be difficult to achieve numbness after injection, and the wound/gum/ bone may be easier to have infection.
- Brushing as usual using soft brush and yet don't hurt the wound.
- If feel sharp bone, don't disturb by tongue, contact doctor.
- Please follow doctor's instruction if available:
- Complete full course of antibiotic; if any adverse reaction such as allergic, rashes, itchiness, eyelid swelling, please contact clinic. Nausea, diarrhea, vomiting should be reported to the doctor.
- Review visit or remove suture/stitches. Normally stitches can be removed without an injection.
- For prolonged bleeding, fever or other dental associate problem, feel free to contact clinic. After working hour, try contact customer service number at 014-888900. For emergency (acute bleeding or accident), contact Hospital Sultanah Aminah (07-2257000), Hospital Sultan Ismail (07-3565000) or 999.
- For adult- If you feel shy because losing a tooth at the visible area of the mouth, you should ask your doctor to construct a denture (immediate denture) before your extraction. Even you do not need an "emergency denture", please come to the clinic for review one month after extraction, for planning of denture treatment or dental implant. **TO REDUCE THE COST OF IMPLANT TREATMENT:** Dental implant will be better to start within 1- 3 months from the extraction date, before the bone is lost and more difficult for implant placement. If you plan to have denture, you are advised to make an appointment to come 1-60 days after extraction. The earlier you come to do the denture, the more unfit of the denture (the gap between denture and your gum) after the bone healed.

Bone is more expensive than gold. Preserve your bone to save thousands of money and avoid any pain or swelling of massive bone grafts:

Tooth Replacement: Tooth Loss leads to Bone Loss

Bone loss is the end result of tooth loss unless the tooth root is replaced by a dental implant. Preserve bone with dental implants – the tooth replacement as close to natural teeth as possible.

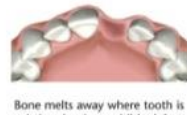
Single Missing Tooth



Anterior teeth in place



Missing tooth root leads to bone loss



Bone melts away where tooth is missing, leaving a visible defect

Several Missing Teeth



Posterior teeth in place



Bone begins to deteriorate where posterior teeth are missing



Bone loss over time can be significant

All Missing Teeth



Teeth in place in lower jaw



Complete tooth loss causes the jaw to shrink



Significant bone deterioration leads to facial structure collapse



with teeth



after tooth loss



after bone loss

Cost: RM400-800 (Bone +- Membrane)

Please plan the bone preservation before the extraction.

Consultation and examination needed before adding bone/membrane.

Process after extraction:

7-10 days review wound and bone

2 months Xray

Plan implant 2-3 months.

Crowns/Bridge over implant: 2-6 months