

FREQUENTLY ASKED QUESTIONS

How long do I need to wear the MCI before my pain goes?

For pain management, the usual time-frame for recovery can vary from overnight to several weeks. An important factor is the length of time the pain has been present.

Do I need to wear the MCI during the day?

No. The MCI is designed to be used only during sleep when there is no conscious control of clenching. Your dentist can show you some simple methods to control clenching during the day, when not eating.

Who should I go to for this treatment?

Check that your dentist is trained in MCI therapy and is working with a MyoHealth™ licensed laboratory.

Is the MCI covered by Health Insurance?

Your dentist can tell you if benefits are payable.

How can I be sure it will work for me?

Total protection of teeth can be expected. When used for overcoming headache or jaw pain there are so many causes it is difficult to guarantee. However we have many testimonials from patients that tell us that the MCI works for them.

How comfortable is the MCI?

The vast majority of people adapt to the minimal dimensions almost immediately. Most people actually prefer to have the appliance in at night due to the muscle relaxation effect.

How long will the MCI last?

The appliance can be expected to last long-term as the MCI is constructed from high strength materials and designed to reduce the intensity of clenching forces.

Important Notice:

The use of segmental and full arch splints may result in a change of your bite if you have undergone previous orthodontic treatment or have an unstable bite. This is largely due to the relaxation of your jaw muscles. MyoHealth™ recommends that you discuss any prior orthodontic treatment or bite problems with your dentist

FEEDBACK FROM PATIENTS

"Headaches were a weekly part of my life. The ones I woke up with were the most difficult to deal with and could last for days. Since treatment with the MCI it's been weeks since I have had a headache and the difference in my life has been nothing short of amazing. To be without pain for so long is really a life changing experience."

MA

"I am thrilled with the treatment I received with regard to my TMJ problem. I had previously been given a splint and medication that had little effect. After using the MCI device I can say that the pain and sensitivity has improved 100%"

MT

"The MCI has been very easy to use, very comfortable and the results have been amazing."

NC

FEEDBACK FROM DENTISTS

"The MCI is a wonderful little device which has helped many patients."

Specialist Dentist

"I wore a conventional splint every night for about 8 years. I reached a point where it really wasn't helping and I woke up with muscle pain and headache. When I switched to the MCI splint the improvement was immediate. Now I wake up feeling rested and fresh."

General Dentist

How can I find out more about ways to treat clenching, grinding, snoring, sleep apnoea and headaches?

To find out more just visit the MyoHealth website
www.myohealth.com

MyoHealth™

The MyoHealth™ Clenching Inhibitor (MCI) is made under strict licensing conditions and is approved by the US Food and Drug Administration (8725570...K040315).

For a full list of MyoHealth™ licensed laboratories, please refer to our website: www.myohealth.com.

The MyoHealth™ Clenching Inhibitor (MCI) is protected under International Patent Application Number: PCT/AU2004/000761; Australian Innovation Patent No. 2005100272.

do you clench or grind your teeth?

many people are unaware
this is occurring

relief from:

headaches
jaw & neck pain
damage to teeth & fillings
implant failure or breakage



MyoHealth™

Leading solutions for:
Bruxism, Snoring,
Sleep Apnoea, Headache
and TM Disorders

www.myohealth.com

Bruxism - A Major Problem

Clenching and grinding of teeth, mostly during sleep, is known as Bruxism. We believe this to be a major factor leading to headaches, damage to teeth and fillings, implant failure and even neck pain.

Most people are unaware that they clench their jaws while they are sleeping or during the day. Your teeth are only meant to be contacting with force whilst you are chewing!

Can clenching my teeth really cause problems?

Yes! Clenching your teeth while asleep, or during the day, is the result of some of the strongest muscles in your body tensing when they should be resting.



Clenching can cause cracked teeth and fractures particularly on crowns, veneers and restorative work

MyoHealth™, a leader in providing solutions for Bruxism (jaw clenching), understands that during sleep clenching your teeth together can be a major trigger for people who suffer from Migraine and Tension-Type Headaches.

A Breakthrough Solution for Clenching and Grinding is now Available

The MyoHealth™ Clenching Inhibitor (MCI)



Benefits of the MCI:

- No more wearing away of your teeth
- Prevents cracking or chipping of teeth and fillings
- Protect your expensive investment in crowns, veneers, implants and fillings
- Jaw and neck pain relief can be assisted
- Extremely comfortable to wear
- Drug free
- Non-invasive

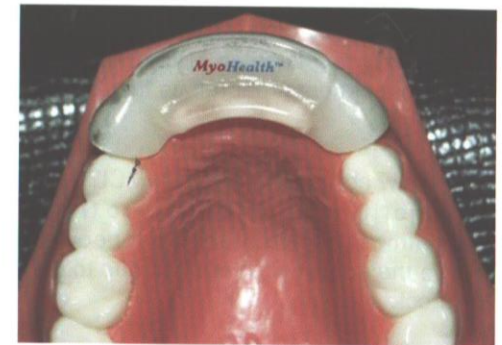
Many dentists are now prescribing the MCI to ensure that teeth and dental restorations last long-term with minimal future dental bills. The replacement of your MCI should only be necessary every two or three years. It is important to continue your 6 monthly check-ups.

A Non-Invasive Treatment



No drugs, no side-effects

The MyoHealth™ Clenching Inhibitor



Important Information

Unlicensed manufacturing of the MCI device may damage your dental health. Devices must be manufactured by trained technicians under strict guidelines. All MyoHealth™ Clenching Inhibitors display the **MyoHealth™** trademark.